

February 29, 2024



Employee Name

Group #: XXXXXXXX

Effective Date: 00/00/0000

Dear Employee,

Welcome to the Health Compass Vital110 Group Health Plan. Congratulations, you have secured healthcare that is both affordable and ACA compliant. Understanding a new healthcare plan can be challenging but to ensure you get as much value as possible from your plan, please contact Customer Service at: **1-833-670-0887** or via email at: Info@healthcompassinc.com.

To review your Benefits, Claims, Explanation of Benefits (EOB's) or request an ID card, please visit your Portal by clicking on the following link:

Here is a brief overview of the benefits and services of your plan:

1. **Unlimited Preventive Care Services Only**
2. **Virtual Primary and Urgent Care- \$0 Copay**
3. **TeleCounseling- \$0 Copay**
4. **QuestSelect Labs- \$0 Copay (1,200 labs)**
5. **In Person Urgent Care- \$0 Copay (up to \$150 per visit benefit / max of 3 visits annually)**
6. **Generic Medications- \$0 Copay (1,000 medications in formulary)**
7. **Hospital Bill Eraser and Care Navigation**
8. **Care Monitoring and Management with Smart Technology**

****Remember****
There is one number for
access to all benefits:
1-833-670-0887

Included in this letter are your Member ID cards. Please be sure that you keep these cards in a secure spot, as your Group Number and Membership ID are very important. Our customer service representatives will ask you for this information every time you call. If you lose your information, do not worry, our representatives will simply ask you a few questions to help verify your identity. We can also supply an electronic version for you upon request.

We look forward to serving you!

Sincerely,

Your Health Compass Services Team

Important Disclosures

Minimum Essential Coverage (MEC): This is not Major Medical coverage. MEC coverage provides insurance benefits for Preventive Care Services only and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. There is NO diagnostic or hospitalization coverage under this insurance.

Virtual Primary & Urgent Care: Telemedicine and Telecounseling operations are subject to state regulation and may have limitations in certain states. This service is NOT insurance and there is no guarantee that a prescription will be written after consultation. Telemedicine does not prescribe DEA controlled substances, lifestyle drugs and certain other drugs which may be harmful because of their potential for abuse. Vendor physicians reserve the right to deny care for potential misuse of services.

QuestSelect™: This service is NOT insurance. Provider collection and handling fees may apply, and are subject to health benefit plan provisions, if any.

In Person Urgent Care- Discount Plan Organization: This service is NOT insurance. Convenient Care Plus, Attn: Compliance Department, 17445 Arbor St., Ste. 300, Omaha, NE 68130, (855) 900-8701. A complete list of Convenient Care Plus Clinics can be found at: www.convenientcareplus.com.

Generic Medications- PivotRx: This service is NOT Insurance. This subscription is not Minimum Essential Coverage. This subscription does not provide reimbursement for any medical expenses. This program does not provide access to all generic medications or reimbursement for all prescriptions. Brand name and Specialty drugs are excluded. The formulary is subject to change at any time and without notice. PivotRx is not a pharmacy. PivotRx does not diagnose, prescribe, or make any treatment recommendations. The maximum per-claim benefit is \$20.00. PivotRx is powered by PCA Rx, a Pharmacy Benefit Manager. PivotRx is exclusively administered by The Ark Group.

CareGuide Advocates: This service is a benefits advocacy service. CareGuide Advocates is not an insurance policy and is not affiliated or serviced by any insurance carrier. The information presented here is for illustrative purposes only. All savings examples are demonstrative, and no savings are guaranteed. The use of any particular advocacy service offered will vary from case to case, and the results will also vary from case to case, with the services possibly resulting more favorable, less favorable, or the same outcomes than as described herein. Regardless of the services provided and outcomes, you are always personally responsible for your own medical bills, any tax benefits resulting from the services, and any necessary reporting to employers/carriers/providers.

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to all benefits:

1-833-670-0887



Vital110.com / 833-670-0887



Member Education

Better Care. Quicker Access. Lowest Price.



HEALTH COMPASS INC.

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Welcome to The Future of Health Benefits!

Empowered

Our Health Plan puts you in control of your healthcare.

Don't let hospitals and insurance companies dictate your healthcare journey or burden you with unexpected costs. With our Health Plan, you receive excellent services to bridge the Deductible and Out-of-Pocket gaps in health plans and you get support from real healthcare professionals who proactively monitor and manage your health. This isn't just another health plan—it's designed for you, not the healthcare system, putting your well-being first.

In today's healthcare landscape, transparency is scarce, provider competition is limited, and consumers lack the necessary education to navigate the system. This leads to a reactive, transactional approach to healthcare, where people only seek help when problems arise rather than taking proactive steps to maintain their well-being. It's time to address these issues head-on and transform the healthcare experience into one that is transparent, competitive, and focused on proactive care!

Here's what you can expect from our plan.



We go beyond traditional healthcare by proactively monitoring and managing your health journey. Through real-time remote patient monitoring, we provide personalized care tailored to your unique healthcare needs.

Utilizing innovative methods such as vital signs technology and interactive push notifications supported by A.I., our system is designed to watch for patterns and potential issues with your health. With this proactive approach, our goal is to empower you with early detection and avoid potential future illness or position you to more effectively manage current health conditions.



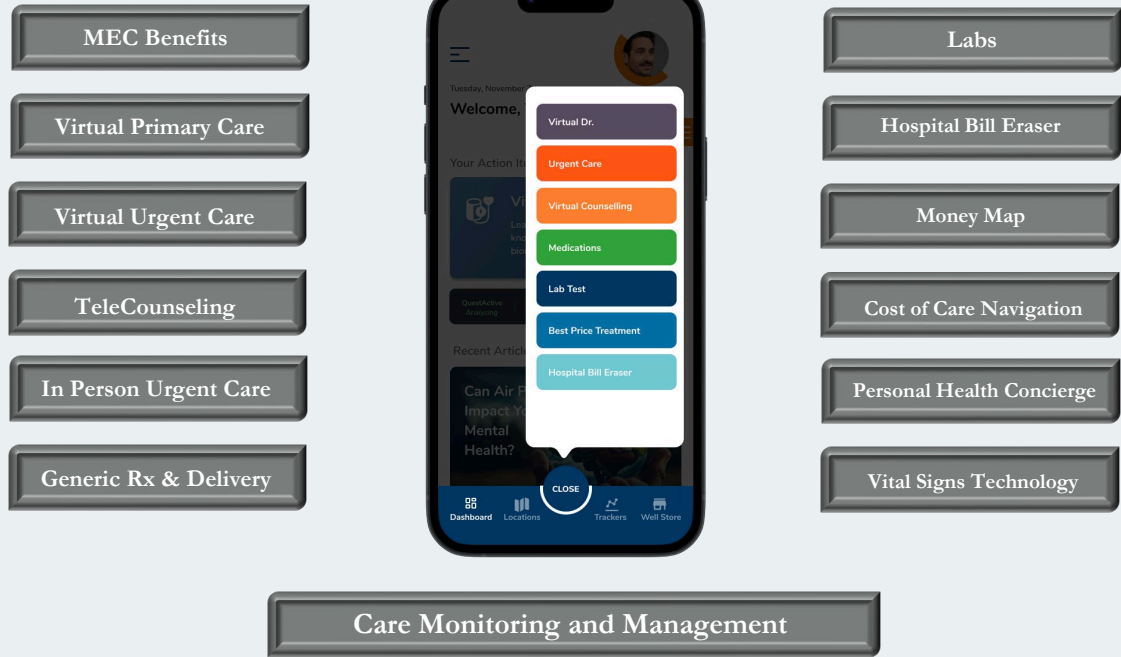
HEALTH COMPASS INC.

833-670-0887



Your Member Benefits at a Glance

We are excited for you to experience your Member Benefits! Within your app, you get immediate access to all benefits and services at your fingertips. Our team of highly skilled medical professionals is dedicated to providing you with exceptional care whenever and wherever you need it. You get: \$0 Copay virtual primary care consultations, to \$0 Copay urgent care services, \$0 Copay telecounseling, \$0 Copay generic prescriptions, and \$0 Copay lab tests and more, all effortlessly coordinated through our intuitive platform. With us, accessing quality healthcare has never been easier or more convenient. Say goodbye to long wait times and complicated appointment scheduling—welcome to a new era of personalized, accessible healthcare tailored to your needs.



Health Compass prides itself on providing our customers with worldclass customer experience with the attentiveness that you deserve. Our team is here to work with you and for you.

- ▶ We will assign you a Health Score based on the answers to your initial Clinical Health Risk Assessment.
- ▶ Our team of medical professionals, and industry experts will be working in the background to customize your unique member journey.
- ▶ Your Smart Device app is your convenient single point access to care.
- ▶ Our medical professionals will be there to help guide you through the process, preventing any surprises that may come up along the way.

MEC Benefits


What is a MEC Benefit?

In our plan, Minimum Essential Coverage (MEC) is a vital component ensuring that you meet the basic healthcare requirements outlined by the Affordable Care Act (ACA). Simply put, MEC guarantees that you have Preventive health benefits coverage. It encompasses a range of essential services such as preventive care, limited prescription drugs, and more, providing you with peace of mind knowing that your basic preventive healthcare needs are covered.

By including MEC in our plan, we ensure that you have access to essential healthcare services necessary for maintaining your health and well-being. Whether it's routine check-ups, necessary treatments, or unforeseen medical emergencies, MEC offers you comprehensive coverage, ensuring that you can access the care you need without worrying about gaps in your insurance coverage. With MEC, you can rest assured that you have a solid foundation of healthcare protection, allowing you to focus on what matters most—your health and peace of mind.



Preventive Care Services- Sample ID Card



Minimum Essential Coverage
This Plan has Limitations and Exclusions.
Please see SPD for complete plan details.

| Member | Rx Benefit |
|------------------------------|-----------------------|
| Member: Employee Name | Rx BIN: 024525 |
| Member ID: 123456789 | Rx GRP: HGRP |
| Group Number: HC877 | RX PCN: PCARK |
| Effective: 01/01/2024 | |

Additional Members

Spouse:

Child(ren):

Please see the reverse side of this card for how to file a claim.
This plan is NOT major medical insurance.

Minimum Essential Coverage

Unlimited Preventive Care:

- For [Adults](#)
- For [Women](#)
- For [Children](#)

Care Reimbursement & Navigation:

- Care is reimbursed at 165% of Medicare.
- Colonoscopies and Mammograms are required to be navigated.

Care Monitoring & Management:

- For Emergencies, Dial 911
- Medical Professional Care Proactive Plan
- Remote Patient Monitoring

Eligibility

To use your services, confirm eligibility, verify benefits or check the status of a claim, please call Health Compass at: **833-670-0887**.

Claims Submission

Secure Upload:
[Ark Group Claims Link](#)
Claims@arkgroup.com

Mail:
Health Compass
C/O: The Ark Group, LLC
Attn: Claims Department
P.O. Box 540217
Omaha, NE 68154

Virtual Primary Care



Welcome to Your Virtual Primary Care!

Step into a new era of healthcare with our Virtual Primary Care Plan—an innovative approach that brings comprehensive healthcare right to your fingertips. Designed with your convenience and well-being in mind, our plan empowers you to prioritize your health with ease and accessibility. Through virtual consultations, personalized care, and seamless coordination, we offer a holistic healthcare experience tailored to your needs.

Say goodbye to long wait times and cumbersome appointments—welcome to a world where your health is at the forefront, where accessing quality care is simple, and where you are empowered to take charge of your well-being. Embrace the convenience, embrace the comprehensive care—embrace a healthier you with our Virtual Primary Care Plan.

Virtual Primary Care Benefits

- ▶ Receive primary care services conveniently from the comfort of your home or wherever you are.
- ▶ Engage in thorough consultations with healthcare providers, addressing a wide range of health concerns and conditions.
- ▶ Schedule regular check-ups and preventive screenings to monitor your health and catch any potential issues early.
- ▶ Benefit from seamless coordination of care between virtual primary care providers and other healthcare professionals involved in your treatment.

Questions regarding your plan benefits?

Call: **833-670-0887**

Either use the “**I Need**” button on your app or call directly at:

833-670-0887

Press 1, then Press 1.

Our triage team will confirm your membership.

You can either schedule a specific time to connect or will receive a return call within an hour.

1. **\$0 Cost**
2. **Quick Connection**
3. **Simple!**

Throughout this process, it is vital that you continue to let us know if you receive any communication from the billing Provider. This includes all bills, letters, phone calls, or any other communications from the billing Provider or their representatives.

Virtual Urgent Care



Welcome to Your Virtual Urgent Care!

Welcome to Virtual Urgent Care—a vital component of our plan designed to provide immediate medical assistance from the comfort of your own space. With Virtual Urgent Care, accessing timely healthcare has never been easier. Whether you're experiencing a sudden illness, minor injury, or need medical advice, our virtual platform connects you with qualified healthcare professionals without the need for in-person visits.

This convenient service ensures that you receive prompt attention and guidance when you need it most, allowing you to address urgent healthcare concerns with ease and peace of mind. Say goodbye to long waits and unnecessary trips to the emergency room—Virtual Urgent Care is here to provide efficient and effective medical assistance tailored to your needs.

Virtual Urgent Care Benefits

- ▶ **Respiratory Infections:** Get prompt evaluation and treatment for conditions such as colds, flu, sinus infections, and bronchitis.
- ▶ **Minor Injuries:** Receive immediate care for minor cuts, burns, sprains, and strains, with guidance on wound care and management.
- ▶ **Allergies:** Consult with healthcare professionals for allergic reactions, seasonal allergies, and prescription refills for allergy medications.
- ▶ **Travel Health:** Receive pre-travel consultations, travel vaccinations, and guidance on managing travel-related health concerns.

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Press 1, then Press 1.

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TeleCounseling



Welcome to Your TeleCounseling Care!

In today's fast-paced world, accessing mental health support has never been more important. Our plan offers comprehensive mental health services delivered conveniently through telehealth platforms, ensuring that you can prioritize your mental well-being without the hassle of in-person appointments. From licensed therapists to master's level clinicians, our team of mental health professionals is dedicated to providing personalized support and guidance tailored to your unique needs.

With TeleCounseling health services, you can receive confidential counseling, therapy sessions, and emotional support from the comfort of your own space, allowing you to address mental health concerns with privacy and convenience.

TeleCounseling Benefits

- ▶ **Stress Management:** Providing coping strategies and techniques to manage stress effectively. Will update you on the progress and resolution of your case
- ▶ **Anxiety & Depression:** Addressing symptoms of persistent sadness, loss of interest, and low mood.
- ▶ **Relationship Issues:** Offering support and guidance for interpersonal conflicts, communication problems, and family dynamics.
- ▶ **Grief and Loss:** Supporting individuals coping with the loss of a loved one or other significant life changes.

And many more...

Questions regarding your plan benefits?

Call: **833-670-0887**

Either use the “**I Need**” button on your app or **call directly** at: **833-670-0887**
Press 1, then Press 2.

Our triage team will confirm your membership.

You can either schedule a specific time to connect or will receive a return call within an hour.

1. **\$0 Cost**
2. **Quick Connection**
3. **Simple!**

Throughout this process, it is vital that you continue to let us know if you receive any communication from the billing Provider. This includes all bills, letters, phone calls, or any other communications from the billing Provider or their representatives.

In Person Urgent Care



Welcome to Your In Person Urgent Care!

When sudden health concerns arise that can't wait for a regular doctor's appointment but aren't severe enough for the emergency room, urgent care centers become invaluable. Considering the emergency room visits are going to be expensive, having access to urgent care can be an excellent, cost-effective alternative.

Our plan offers peace of mind with benefits for In-Person Urgent Care visits, ensuring that you have access to timely medical assistance when you need it most.

You get up to three visits per year, and a maximum benefit of \$150.00 per visit, you can rest assured that urgent medical needs won't break the bank.

In Person Urgent Care Benefits

- ▶ **Minor Injuries:** For cuts, burns, sprains, and strains that may require stitches or splinting.
- ▶ **Sports Injuries:** For sports-related injuries that may require imaging studies or specialized care beyond what can be provided at home.
- ▶ **Infections:** For conditions such as urinary tract infections (UTIs), ear infections, and skin infections that may require prescription antibiotics.
- ▶ **Respiratory Issues:** For severe asthma attacks, bronchitis, or pneumonia symptoms that require medical attention.

And many more...

Questions regarding your plan benefits?

Call: **833-670-0887**

Either use the “**I Need**” button on your app or **call directly** at:
833-670-0887
Press 1, then Press 6.

Our concierge team will confirm your membership and provide you with options for the closest Urgent Care location.

You choose the location of preference, and our concierge team will contact the facility to let them know you are coming and provide them with the **\$150.00** payment.

1. **Concierge Call**
2. **Quick Connection**
3. **Simple!**

Throughout this process, it is vital that you continue to let us know if you receive any communication from the billing Provider. This includes all bills, letters, phone calls, or any other communications from the billing Provider or their representatives.

Generic Rx & Delivery



Welcome to Your Generic Rx Care!

Routine prescriptions can play a crucial role in managing ongoing health conditions and ensuring overall well-being. However, the costs associated with these medications can quickly add up, posing a significant financial burden for many individuals. That's why we prioritize affordability and accessibility by including 1,000 generic prescriptions at a \$0 copay.

We understand the importance of making essential medications accessible to all members without breaking the bank. Additionally, our plan offers additional discounts on prescription medications, including brand and specialty medications, further enhancing cost savings and ensuring that you can access the medications you need to stay well.

You get access to over 68,000 pharmacies nationwide or you can use mail order for no additional cost...delivered by Amazon.

Generic Rx Benefits

Some of the most used medications that are on our formulary:

- ▶ **Metformin** (for diabetes management)
- ▶ **Lisinopril** (for high blood pressure)
- ▶ **Simvastatin** (for cholesterol management)
- ▶ **Levothyroxine** (for thyroid disorders)
- ▶ **Amlodipine** (for high blood pressure and angina)
- ▶ **Atorvastatin** (for cholesterol management)
- ▶ **Omeprazole** (for acid reflux and ulcers)
- ▶ **Losartan** (for high blood pressure)
- ▶ **Sertraline** (for depression and anxiety)
- ▶ **Citalopram** (for depression and anxiety)

A complete list of medications is found in your App!

Questions regarding your plan benefits?
Call: **833-670-0887**

Either **go directly** to your pharmacy, use the **"I Need"** button on your app or **call directly** at:

833-670-0887
Press 1, then Press 5.

At the pharmacy, please provide the pharmacist with your Member ID card.

Your Member ID card is conveniently located in your App or in your portal.

For mail order, assistance with medications that are not on the formulary, or any other issues, our concierge team is ready to assist.

1. **In Person or Mail order**
2. **\$0 Copay**
3. **Simple!**

Throughout this process, it is vital that you continue to let us know if you receive any communication from the billing Pharmacy. This includes all bills, letters, phone calls, or any other communications from the Pharmacy or their representatives.

Labs

All Providers Map of Best-Priced Blood Work Centers



Welcome to your Lab Benefit!

As part of our commitment to providing excellent healthcare benefits, Vital110 members gain exclusive access to **QuestSelect™**. Your benefit provides access to approximately 1,200 labs for a \$0 copay. This means that members can simply walk into any **Quest Laboratories™** location with a script from their physician and receive essential lab tests without the concern of out-of-pocket costs.

Whether it's routine blood work, urinalysis, cytology, pathology or cultures, our members can access the lab services they need conveniently and affordably.

QuestSelect™ Labs Benefit

Some of the most used labs that are on our formulary:

- ▶ Complete Blood Count
- ▶ Comprehensive Metabolic Panel
- ▶ Lipid Panel
- ▶ Thyroid Panel
- ▶ Hemoglobin A1c
- ▶ Urinalysis
- ▶ Basic Metabolic Panel
- ▶ Prothrombin Time
- ▶ Vitamin D Test
- ▶ Glucose Test

[QuestSelect™](#)
[Location](#)
[Directory](#)

A complete list of labs is found in your App!

Questions regarding your plan benefits?

Call: **833-670-0887**

Either go **directly** to a Quest location, use the **“I Need”** button on your app or **call directly** at:

833-670-0887

Press 1, then Press 4.

****IMPORTANT****

You **MUST** tell your physician that you have a \$0 Copay labs benefit and want to use Quest.

****IMPORTANT****

You **MUST** let the Quest receptionist know that you are a QuestSelect member to get the \$0 Copay benefit.

1. **QuestSelect™**
2. **\$0 Copay**
3. **Simple!**

****VERY IMPORTANT**** You are in control of where you get your labs completed. It is imperative that you understand your rights and why your doctor may try to complete labs while you are in their office. If your doctor is employed by a hospital, they are required to send you to the most expensive blood work facility (which is usually just down the hallway).

You are in control of where you get your labs completed.

Hospital Bill Eraser



Hospital Bill Eraser Benefit

▶ An estimated 100,000,000 people are eligible for free or discounted care at non-profit hospitals across the U.S.

Questions regarding your plan benefits?

Call: **833-670-0887**

Welcome to Your Hospital Bill Eraser!

Say goodbye to unexpected hospital bills and hello to peace of mind with our Hospital Bill Eraser. Hospitals are the most expensive places to receive care. That's why your Health Compass Concierge advocates are here to fight for you, ensuring that you're not overcharged for the care you receive.

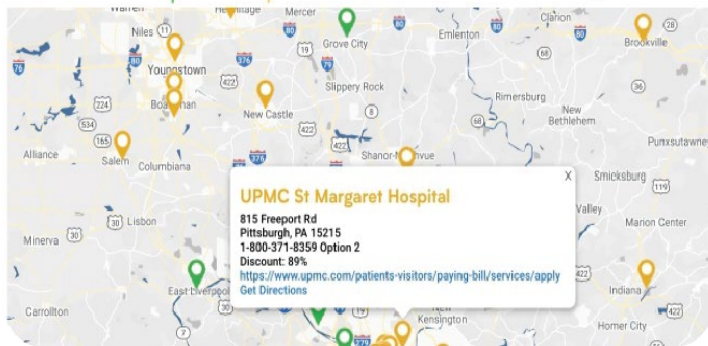
Hospital Bill Eraser can help erase your deductible and coinsurance, or simply, the out-of-pocket expense not covered by insurance. For members who experience a denied claim, an out-of-network claim or do not have insurance, we assist in erasing as much of the entire hospital bill as possible.

****IMPORTANT NOTE**** after erasing a deductible for those that qualify, that person still satisfied their deductible from the insurance company's perspective. They do not care how or who paid for the deductible amount. As such, the member can get care of the rest of the plan year with no out-of-pocket.

With our team by your side, you can trust that your financial interests are protected, allowing you to focus on what truly matters—your health and recovery. Say hello to transparency, fairness, and financial peace of mind with your Hospital Bill Eraser!

Zip Code / Income / # in household

Free Care / Discounted Care **264% of Federal Poverty Level**



Either use the “I Need” button on your app or call directly at:
833-670-0887
Press 1, then Press 3.

Get access to your Health Compass Concierge advocates from your app or by phone.

Let your Health Compass Concierge Advocates work with the Hospital on your behalf.
Don't Stress!

**Go in.
Get Care.
Don't Pay!**

The Hospital Bill Eraser program only applies to facility inquiries and medical bills that occur on or after the day of each member's respective Effective Date.

Money Map



Welcome to Your Money Map!

Money Map is your low-cost provider locator for blood work, imaging, surgery center care (such as GI scopes), and urgent center care. Money Map is used to help direct members to affordable routine care options. Money Map is your go-to tool for smart healthcare decisions. Within seconds, your map displays better-priced providers for routine care in your zip code.

Say goodbye to uncertainty and hello to empowered healthcare choices with Money Map.



Money Map Benefit

- ▶ Your Health Compass Concierge advocates use a proprietary pricing database, in addition to calling each provider each year, to establish: 1) Who owns the medical facilities, 2) Who does the billing and 3) What type of billing codes are used.
- ▶ Care items in the insurance company network are most often priced with over 1,000% pricing variation.
- ▶ Entering a medical building to get care such as blood work or imaging or surgery center procedure care can get very expensive and that is where tremendous savings opportunities exist.
- ▶ We empower you to know the best prices for healthcare up front!

Questions regarding your plan benefits?
Call: **833-670-0887**

Either use the “I Need” button on your app or call directly at:
833-670-0887
Press 1, then Press 3.

You have access to this tool from your App or Your Health Compass Concierge advocates can assist.

Access best price locations for healthcare items, such as: blood work, imaging, surgery center care, and urgent center care

1. Enter ZIP code
2. Select Care Type
3. See Results!

Remember, we care about getting you the best care for the best price.
Your Health Compass Concierge advocates are here to help!

Care Navigation



Welcome to Your Care Navigation!

Navigating the complex landscape of healthcare can be daunting, but with **your** concierge advocates, **you** gain a trusted ally to guide **you** every step of the way. Our mission is simple: to empower **you** to make informed decisions about **your** healthcare while optimizing cost efficiency.

What sets **your** concierge advocates apart is the personalized support. From scheduling appointments, to managing the entire price negotiation process, **your** concierge team is here to make your healthcare experience as seamless and stress-free as possible. Say goodbye to uncertainty and hello to a proactive approach to managing **your** healthcare costs with your Care Advocates.

Care Navigation Benefit

Your Health Compass Concierge advocates can help:

- ▶ **Reduce** or even eliminate large medical and hospital bills with
- ▶ **Find** low-cost medical services in your ZIP code
- ▶ **Know** the cost of care before you go.
- ▶ **Lower** the cost of medical equipment and certain medications.

Questions regarding your plan benefits?

Call: **833-670-0887**

Either use the “**I Need**” button on your app or call **directly** at:
833-670-0887
Press 1, then Press 3.

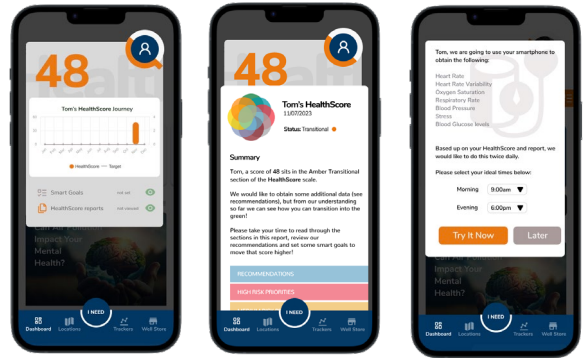
Your Health Compass Concierge advocates are ready to assist.

Contact **your** Health Compass Concierge before or after you had the medical procedure...
DON'T STRESS!

1. **Need Care**
2. **Get Care**
3. **Best Price!**
4. **No Stress!!**

Throughout this process, it is vital that you continue to let us know if you receive any communication from the billing Provider. This includes all bills, letters, phone calls, or any other communications from the billing Provider or their representatives.

Vital Signs Technology



At the heart of the Vital110 Program lies our groundbreaking Vital Signs Technology—a revolutionary platform designed to empower individuals on their unique health journeys. With a personalized approach, we provide users with invaluable insights into their health status from a clinical perspective. Through our proprietary algorithms and healthcare data, we calculate a personalized health score, emphasizing areas for improvement and guiding users towards achievable goals.

Unlike conventional approaches that often rely on drastic measures, our program emphasizes small behavioral changes tailored to uniquely to you, fostering sustainable progress and long-term health outcomes.

Our Vital Signs Technology isn't just about quick fixes—it's about empowering individuals to take control of their health in a meaningful, manageable and long-term way.

By embracing small yet impactful changes, users can track and understand their health trajectory with clarity and confidence. Whether it's managing existing health conditions or striving for overall wellness, our program provides the tools and support needed to make informed decisions and achieve lasting improvements in health and well-being. Welcome to a new era of personalized healthcare, where your journey to optimal health starts with Vital110!

Using Your App FAQ

How do I get access & login to my App?

You are able to download the application in The Play Store (for Android users) and the App store (for iOS users). You will also be receiving a welcome email with a user guide and download links as well. To login to the App, you will need your email address or a phone number and a password.



Do I need to accept all permissions?

Yes, it is important for you to accept all application permissions. These permissions are necessary for our technology and medical professionals to accurately gather and analyze your health data, ensuring precise and tailored advice to help you lead a healthier lifestyle. Your privacy and data security are paramount to us, and we strictly adhere to industry standards to safeguard your information while providing you with the best possible care and guidance.

What is Vital Signs technology?

Our Vital Signs technology is a game-changer in healthcare, providing real-time insights into vital health indicators like blood oxygen, blood pressure, and stress levels. With routine facial scans, this revolutionary system empowers users to monitor key aspects of their health conveniently and comprehensively.

Can I share this program with my Primary Care Physician?

Of course! We believe that all professionals have a responsibility to work together on behalf of their client.

Who has access to my information?

We take your privacy very seriously. Our system is HIPAA compliant. No one but you and the Medical Professionals monitoring and managing your Plan of Care have access to your specific health data.

Care Monitoring & Management



In our plan, care monitoring and management refers to a proactive approach to healthcare that involves monitoring individual's health status and managing their care based on personalized data and insights. This comprehensive program encompasses routine monitoring of vital signs, behaviors, and health data to identify potential health risks early on and facilitate timely intervention. Through various levels of intensity, including basic, acute, urgent, and chronic care, we aim to provide tailored support and guidance to individuals at every stage of their health journey. By leveraging care navigation and the Vital Score, we empower members to take control of their health and well-being, ultimately promoting preventive care and early disease detection for improved health outcomes.



HEALTH COMPASS INC.

The Vital110 Plan is the future of healthcare.